Dr. Leslie of the Mayo Clinic Proves Spinal Decompression to be Up to 88.9% Effective for NECK and BACK PAIN!



PILOT: Effectiveness and Safety of Non-Surgical Spinal Decompression

ABSTRACT

OBJECTIVE: Prospective, multicenter, phase II, non-randomized, clinical study to evaluate the effectiveness and safety of the Axiom Worldw DRX9000™ for active treatment of chronic LBP utilizing a standardized clinical research multimodal protocol.

METHODS: 20 patients with chronic LBP based on a diagnosis of musculoskeletal or mechanical LBP, herniated discs, bulging or protruding discs, degenerative disc, pain from failed back surgery more than 6 months previously, posterior facet syndrome or sciatica underwent a series of 20 DRX™ treatments (28 mins each) for 6 weeks with 5 sessions the first week tapering to 1 session/wk. Treatment multimodal protocol included ice after DRXTM sessions, lumbar stretching exercises, and adjunct analgesics as required. Assessments of pain, analgesic use, functionality, satisfaction, activities of daily living and safety were collected through examinations, questionnaires and patient diaries.

RESULTS: 18 evaluable subjects (33.3% female, 83.3% white, mean age 46.6, 77.8% employed) had mean pain score 6.4 on a 0 to 10 scale (0=no pain 10=worst pain) prior to first DRXTM treatment that decreased to 0.8 after last DRXTM treatment. 88.9% of patients (16 out of 18) reported an improvement in back pain, and better function as measured by activities of daily living. On a 0 to 10 scale (0=Not satisfied 10=Very satisfied) patients rated the DRX9000 an 8.1. No patient required any invasive therapies (e.g., epidural

CONCLUSION: Overall, patients' pain improved after DRXTM treatment, requiring fewer analgesics, with better function. There were no safety issues identified with the multimodal treatment routine. Non-treatment or control groups were not included making efficacy outcome versus placebo or spontaneous recovery difficult to determine. Randomized double-blinded or comparative long-term outcome trials are needed to further prove the efficacy of the DRX9000™ non-surgical spinal decompression system for the routine treatment of chronic LBP.

BACKGROUND

- · Paucity of literature on benefits of non-surgical spinal decompression over other non-surgical treatments
- Previous studies are poorly designed · Results are descriptive in nature
- Efficacy versus placebo or spontaneous recovery
- difficult to determine
- Over 1,200 DRX9000™ in use today

METHODS

MATERIALS AND METHODS

- · Prospective, multi-center, phase II, non-randomized clinical trial
- 3 free-standing clinics (2 MDs and 1 DC)
- Diagnosis: Low back pain > 12 weeks
- · Outcome measures assessed:
 - Daily Pain Diary

 - Verbal Rating Scale (VRS)- Oswestry Pain Questionnaire

 - Adverse Events
 - Satisfaction Survey

TREATMENT PROTOCOL

- DRX9000™ sessions
 - 28-minute sessions for 6 weeks
 Total of 20 treatments

 - 5 sessions week 1 & 2
 - 3 sessions week 3 & 4
 - · 2 sessions week 5 & 6

DIAGNOSIS

Degenerative Disc

Herniated Disc

- Additional Therapy
 Ice therapy post DRX™
 - Back exercises after week 2

SUMMARY OF LOW BACK PAIN

8

6

LOCATION

L1-L2

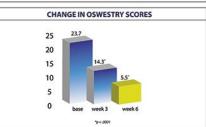
L2-L3

L3-L4

3

RESULTS





SATISFACTION SURVEY						
Satisfaction by Week		Would you recommend DRX9000™ to anyone else?				
Week 3 7.6	Week 6 8.1	Yes 88.9%	No 11.1%			

RESULTS

, .	DEMOGRAPHICS				
1	otal Numbe	er of Subjects = 18			
Male	66.7%	Mean Age	46.6 yrs		
LBP Symptom Ouration (mean)	526 weeks	Mean Height	175 cm		
Employed	77.8%	Mean Weight	102 kg		
Retired	16,6%	White	83.3%		
Other	5.6%	Hispanic	16.7%		

FAILED T	HERAP	Y PRIOR TO DRX9	000¤
Procedure		Procedure	
Chiropractic	16	TENS	5
Muscle Stimulation	10	Acupuncture	3
Ice Therapy	9	Lumbar support	3
Massage Therapy	9	Epidural Injections	3
Exercise	6	Facet Injections	1
Heat	5	Ultrasound	1
Physical Therapy	5	Other Decom- pressive Therapy	1

Failed Back Surgery		2	L4-L5	14
		1	L5-S1	12
	ADVER	SE E\	/ENTS	
Adverse Event	Related to device		Adverse Event	Related to device
Neck Pain	Possibly		Shoulder Pain	No
Head Cold (2)	No		LBP/flu-like symptoms	No
Sinus headache (2)	No	П	Vertigo	No

Disclaimer: This study was funded by Axiom Worldwide, LLC.

CONCLUSION

- Oswestry Disability scores improved from 23.7 to only 5.5 at end of therapy
- Adjunctive pain medication consumption was decreased by DRX9000™ treatments
- No significant adverse events or safety issues resulted from DRX9000™ treatments
- The DRX9000™ shows great promise in treating chronic LBP arising from multiple causes
- Comparative outcome trials utilizing a set of standardized and validated multiple outcome variables, as was utilized in this study, are being planned to document the value of DRX9000™ non-surgical spinal decompression system in routine treatment of chronic LBP

SUMMARY of PILOT STUDY

Conducted by: Mayo Clinic Supervised by: John Leslie, M.D.

Subjects Conditions

- Herniated Discs
- Bulging Discs
- Degenerative Discs
- Failed Back Surgery
- Facet Syndrome

Prior to Treatment

- Average Pain Score 6.4 Out of 10
- Pain Greater Than 6 Months

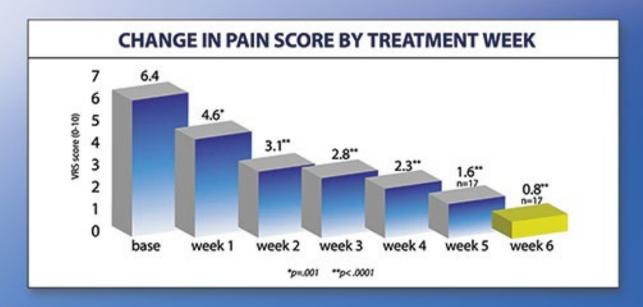
6 Week Treatment Protocol

20 Treatments

Post Treatment

- Average Pain Decreased to 0.8 Out of 10
- Decreased Pain
- Improved Function
- Required Fewed Analgesics After Treatment
- No Safety Issues or Adverse Effects





Presented At:

American Academy of Pain Management
AAPM 18th Annual Clinical Meeting
Sept. 27-30, 2007 | Las Vegas, NV

New York State Society of Anesthesiologists
61st Post Graduate Assembly in Anesthesiol
Dec. 7-11, 2007 | New York, NY 61st Post Graduate Assembly in Anesthesiology Dec. 7-11, 2007 | New York, NY

American Conference in Pain Medicine Parker Seminar April 4-5, 2008 New York, NY

Feb. 7-9, 2008 | Las Vegas, NV

Study Team:

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